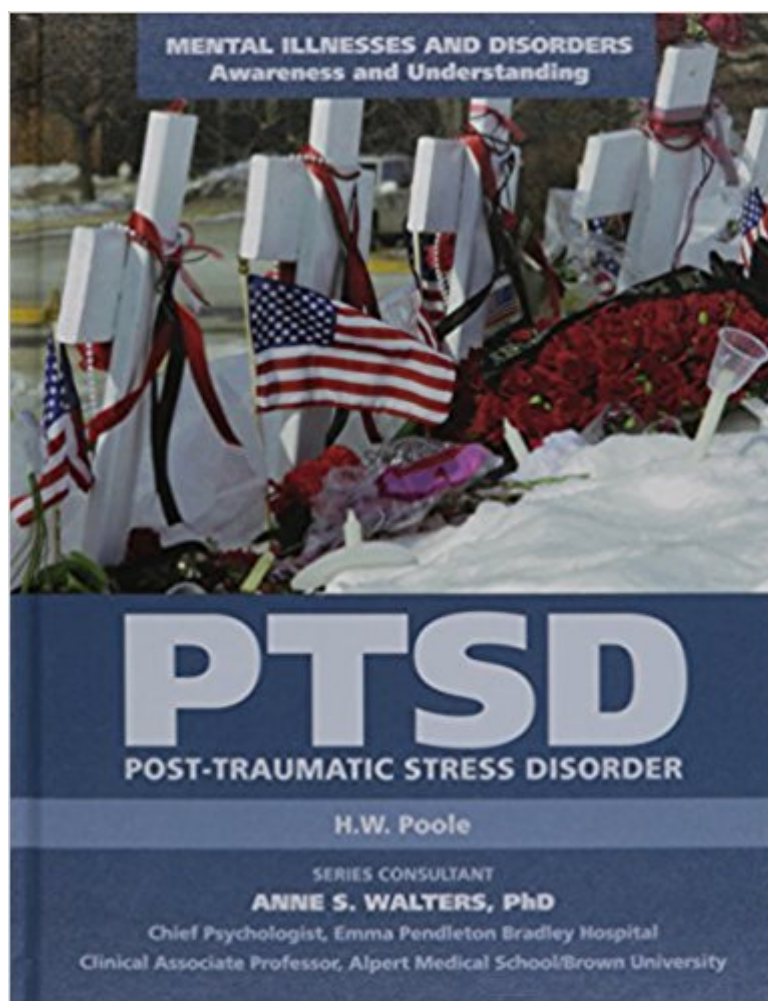


The book was found

# Ptsd, Post-Traumatic Stress Disorder (Mental Illnesses And Disorders: Awareness And Understanding)



## Synopsis

Terrible things happen sometimes. Unfortunately, the traumas in our past don't always stay in the past. Traumatic experiences can cause anxiety, nightmares, and flashbacks that can last for months or years. Post-traumatic stress disorder (PTSD) is a mental condition that is difficult for any person to deal with. But PTSD can be treated, lessening the symptoms associated with this frightening disorder. The lives of millions of kids are affected by mental illness. And yet it's all too common for kids to feel like they are alone with their problems. Whether you're seeking information for family, friends, or yourself, these books help explain the challenges faced by people with mental disorders. Each title in this series contains color photos and back matter including: an index, further reading lists for books and internet resources, and a series glossary. Mason Crest's editorial team has placed Key Icons to Look for throughout the books in this series in an effort to encourage library readers to build knowledge, gain awareness, explore possibilities and expand their viewpoints through our content-rich non-fiction books. Key Icons are as follows: Words to Understand are shown at the front of each chapter with definitions. These words are then used in the prose throughout that chapter, and are emboldened, so that the reader is able to reference back to the definitions- building their vocabulary and enhancing their reading comprehension. Sidebars are highlighted graphics with content-rich material within that allows readers to build knowledge and broaden their perspectives by weaving together additional information to provide realistic and holistic perspectives. Text Dependent Questions are placed at the end of each chapter. They challenge the reader.

## Book Information

Series: Mental Illnesses and Disorders: Awareness and Understanding (Book 13)

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## Customer Reviews

Gr 9 Up-By providing straightforward, well-researched information, this series fosters tolerance and understanding of different mental illnesses and disorders and discusses their possible causes, effects, and treatments. Each title begins with the sentence "People who cope with mental illness and disorders deserve our empathy and respect": a poignant statement that reflects this set's compassionate perspective. The books present relatable examples in order to shed light on these disorders, while at the same time demystifying some of their more uncommon aspects and dispelling stereotypes. Each chapter starts with a "Words to Understand" section, which points out important vocabulary, and ends with "Research Project" and "Text-Based Question" portions that expand upon what has already been discussed and encourage students to search more deeply for evidence in the text. VERDICT A detailed, respectful, and thoughtful look at mental health topics. (c) Copyright 2011. Library Journals LLC, a wholly owned subsidiary of Media Source, Inc. No redistribution permitted.

This title is unsophisticated so it's appeal would be adequate for a middle-school source.

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